

# HEN HOUSE GLUTEN FREE SALE ITEMS

Gluten Free Sale: ad Date: November 18-24, 2009

15% off these selected items, not all items available at all Hen House locations

DESCRIPTION	SIZE
<b>EDWARD AND SONS BROWN RICE CRACKERS</b>	
TAMARI SESAME	3.5 OZ
BLACK SESAME	3.5 OZ
ONION GARLIC	3.5 OZ
PLAIN	3.5 OZ
CHEDDAR	3.5 OZ
VEGETABLE	3.5 OZ
<b>HOL GRAIN BROWN RICE BREADCRUMB</b>	10 OZ
<b>EDEN WILD GRAIN RICE</b>	7 OZ
<b>BOBS RED MILL</b>	
ALL PURPOSE MIX	22 oz
ALL PURPOSE MIX	44 oz
BROWN RICE FARINA	26 OZ
TASTY HOT CEREAL	24 OZ
WHEAT FREE BAKING MIX	24 OZ
GARBANZO BEAN FLOUR	22 OZ
FLOUR ALL PURPOSE	22 OZ
GLUTEN FREE BREAD MIX	16 OZ
PANCAKE MIX GLUTEN FREE	22 OZ
BROWNIE MIX GLUTEN FREE	21 OZ
GLUTEN FREE CHOCOLATE CHIP COOKIE MIX	22 OZ
GLUTEN FREE CHOCOLATE CAKE MIX	16 OZ
ALL PURPOSE FLOUR	44 OZ
XANTHAN GUM	8 OZ
STEEL CUT OATS	24 OZ
<b>BLUE DIAMOND NUT THIN CRACKERS</b>	
ALMOND NUT THINS	4.25 OZ
HAZELNUT NUT THINS	4.25 OZ
PECAN NUT THINS	4.25 OZ
SMOKEHOUSE	4.25 OZ
CHEDDAR CHEESE	4.25 OZ
COUNTRY RANCH	4.25 OZ
<b>EREWHON CEREAL</b>	
BROWN RICE CRISP WILDBERRY	10 OZ
RICE TWICE	10 OZ
<b>AMY'S FROZEN MEALS</b>	
TAMALE PIE	8 OZ
SHEPHERDS PIE	8 OZ
RICE MACARONI & CHEESE	9 OZ
BREAKFAST TOFU SCRAMBLE	9 OZ
BREAKFAST TOFU RANCHERO	9 OZ
BLACK BEAN ENCHILADA	9.5 OZ
BOWL SANTA FE ENCHILADA	10 OZ
PIZZA RICE CRUST CHEESE	12 OZ
ASIAN NOODLE STIR FRY	10 OZ
THAI STIR FRY	9.5 OZ
BOWL TERIYAKI	9.5 OZ
BOWL BROWN RICE/PEA	9 OZ
BLACK BEAN TAMALE VERDE	9 OZ
KIDS BAKED ZITI	8 OZ

<b>DESCRIPTION</b>	<b>SIZE</b>
<b>NATURES PATH ENVIRO KIDS PRODUCTS</b>	
ANIMAL VANILLA COOKIE	9 OZ
CHOCOLATE RICE CRISP BAR	6 OZ
RICE CRISP PEANUT BUTTER BAR	6 OZ
AMAZON FROSTED FLAKES	14 OZ
GORILLA MUNCH CEREAL	10 OZ
KOALA KRISP	11.5 OZ
PANDA PUFF	10.6 OZ
<b>JENNIES COCONUT MACAROONS CANISTER</b>	
<b>LUNDBERG RICE CAKES</b>	
APPLE CINN RICE CAKE	9.5 OZ
HONEY NUT RICE CAKE	9.5 OZ
SESAME TAMARI RICE CAKE	9 OZ
BROWN RICE CAKE	8.5 OZ
WILD RICE CAKE	8.5 OZ
SWEET MOCHI RICE CAKE	8.5 OZ
TAMARI SESAME CAKE	9 OZ
TOASTED SESAME RICE CAKE	8.5 OZ
CINN TOAST RICE CAKE	9.4 OZ
<b>LUNDBERG RICE CHIPS</b>	
SEA SALT RICE CHIP	6 OZ
PICO DE GALLO CHIP	6 OZ
NACHO CHEESS RICE CHIP	6 OZ
BBQ	6 OZ
<b>FOOD FOR LIFE PRODUCTS</b>	
BREAD WHITE RICE	24 OZ
BREAD RICE/ALMOND	24 OZ
BREAD RAISIN/PECAN	24 OZ
BREAD BROWN RICE	24 OZ
BREAD PECAN RICE	24 OZ
BROWN RICE TORTILLA	12 OZ
<b>ARROWHEAD MILLS</b>	
MIX BROWNIE WF GF	17.43 OZ
BAKE MIX ALL PURPOSE WFGF	28 OZ
YELLOW CORN GRIT	24 OZ
YELLOW CORNMEAL	2 LB
BROWN RICE FLOUR	2 LB
BUCKWHEAT FLOUR	2 LB
MILLET FLOUR	2 LB
<b>ENER-G PRODUCTS</b>	
BREAD TAPIOCA WF GF	16 OZ
EGG REPLACR	16 OZ
BREAD WHITE RICE WF GF	16 OZ
BREAD BROWN RICE WF GF	16 OZ
BROWN RICE BREAD	19 OZ
PRETZEL CRISP WF GF	2.65 OZ
GLUTEN FREE CRACKER	7 OZ
PRETZEL RINGS SESAME	2.65 OZ
GLUTEN FREE ONION CRACKER	7 OZ
<b>MRS LEEPERS PRODUCTS</b>	
CORN SPAGHETTI	12 OZ
PASTA DINNER STROGANOFF	7.41 OZ
PASTA DINNER CHEESEBURGER	8.32 OZ
PASTA DINNER LASAGNA	6.42 OZ
PASTA DINNER ALFREDO	7.05 OZ
PASTA DINNER CREAMY TUNA	7.41 OZ
<b>SAN J THAI PEANUT SAUCE</b>	10 OZ

<b>DESCRIPTION</b>	<b>SIZE</b>
<b>DEBOLES PASTA</b>	
PENNE RICE	8 OZ
SPAGHETTI RICE	8 OZ
SPIRALS RICE	8 OZ
LASAGNA RICE	10 OZ
SPAGHETTI CORN	8 OZ
ELBOW CORN	12 OZ
<b>ANCIENT HARVEST QUINOA</b>	
PASTA ELBOW	8 OZ
PASTA VEGETABLE CURL	8 OZ
<b>VAN'S FROZEN WAFFLES</b>	
WAFFLE TOASTER WF	9 OZ
WAFFLE TOASTER APPLE CINN	9 OZ
WAFFLE TOASTER BLUEBERRY	9.5 OZ
WAFFLE FLAX	9 OZ
<b>ANNIE'S DRESSINGS</b>	
NATURAL ROASTED RED PEPPER DRESSING	8 OZ
CAESAR DRESSING	8 OZ
VINAIGRETTE HONEY MUSTARD	8 OZ
BUTTERMILK	8 OZ
NATURAL LOW FAT RASPBERRY DRESSING	8 OZ
NATURAL BALSAMIC	8 OZ
NATURAL COWGIRL RANCH DRESSING	8 OZ
<b>PAMELA'S COOKIES</b>	
BUTTER SHORTBREAD	7.2 OZ
CHOC CHIP COOKIES	7.25 OZ
PECAN SHORTBREAD	7.25 OZ
CHOC CHIP WALNUT COOKIE	7.25 OZ
LEMON SHORTBREAD	7.25 OZ
PEANUT BUTTER COOKIE	7.25 OZ
OATMEAL RAISIN WALNUT	5.29 OZ
CHOC PECAN	5.29 OZ
DARK CHOC CHOC	5.29 OZ
<b>PAMELA'S MIXES</b>	
PANCAKE MIX	24 OZ
CHOC BRWNIE MIX	16 OZ
LUCIOUS CHOC CAKE MIX	21 OZ
INCREDIBLE CHOC CHIP	13.6 OZ
AMAZING BREAD MIX	19 OZ
DARK CHOC FROSTING	12 OZ
CONFETI FROSTING	13 OZ
BAKING PANCAKE MIX	64 OZ
<b>CHERRYBROOK KITCHEN</b>	
VANILLA MINI COOKIE	6 OZ
CHOCOLATE CHIP MINI COOKIES	6 OZ
BROWNIE MIX	14 OZ
CHOCOLATE CAKE MIX	19.5 OZ
CHOCOLATE CHIP COOKIE MIX	14.8 OZ
SUGAR COOKIE MIX	13.5 OZ
VANILLA FROSTING	9.4 OZ
CHOCOLATE FROSTING	10.5 OZ
READY TO SPREAD VANILLA FROSTING	16 OZ
<b>ARICO SNACKS</b>	
PEANUT BUTTER COOKIE	4.76 OZ
CASSAVA CHIPS	5 OZ
BBQ CASSAVA CHIPS	5 OZ
SEA SALT CHIPS	5 OZ

<b>DESCRIPTION</b>	<b>SIZE</b>
<b>SLICE OF LIFE SUPPLEMENTS</b>	
MULTIVITAMIN	60 CT
VITAMIN C	60 CT
OMEGA 3 6 9	60 CT
COQ10	60 CT
<b>KINNIKINNICK PRODUCTS</b>	
WHITE SANDWICH BREAD	20 OZ
PLAIN BAGEL	13.5 OZ
DONUT VAN GLAZED	11.3 OZ
DONUT CINN SUGAR	9.5 OZ
CHOC DONUT	11.3 OZ
MUFFIN BLUEBERRY	11 OZ
MUFFIN CHOC CHIP	11 OZ
COOKIE MONTANAS CHOC CHIP	8 OZ
VANILLA CREAM COOKIE	8 OZ
CHOC CREAM COOKIES	8 OZ
COOKIE LEMON CRANBERRY	8 OZ
CHOCOLATE CAKE MIX	18 OZ
WHITE CAKE MIX	18 OZ
RICE YEAST BREAD MIX	23 OZ
MIX BREAD & BUN	35.5 OZ
ALL PURPOSE MIX	23 OZ
PANCAKE MIX	23 OZ
<b>TINKYADA PASTA</b>	
RICE ELBOW PASTA	16 OZ
BROWN RICE SHELLS PASTA	16 OZ
BROWN RICE PENNE PASTA	16 OZ
BROWN RICE SPIRAL PASTA	16 OZ
<b>GLUTINO PRODUCTS</b>	
HONEY NUT CEREAL	10.1 OZ
MAC & CHEESE ENTREE	10.6 OZ
SESAME BREADSTICK	5.3 OZ
CHOC PEANUT BUTTER BAR	4.4 OZ
MILK CHOCOLATE BAR	4.4 OZ
DARK CHOCOLATE BAR	4.4 OZ
<b>CHEBE PRODUCTS</b>	
PIZZA CRUST MIX	7.5 OZ
ALL PURPOSE BAKING MIX	7.5 OZ
CINNAMON ROLL DOUGH MIX	7.5 OZ
FROZEN PIZZA DOUGH CRUST	10 OZ
<b>ORGRAN PRODUCTS</b>	
CRISPBREAD CORN	7 OZ
CRISPBREAD CORN SALSA	7 OZ
CRISPBREAD HERB	7 OZ
APRICOT BAR	1.76 OZ
BLUEBERRY BAR	1.76 OZ
<b>GLUTEN FREE PANTRY PRODUCTS</b>	
OIL & GARLIC CROUTON	5 OZ
CHOC CAKE MIX	15 OZ
CAKE AND COOKIE MIX	15 OZ
MIX SANDWCH BREAD	22 OZ
MIX FRENCH BREAD AND PIZZA	22 OZ
MIX PIE CRUST	16 OZ
MIX PANCAKE AND IRISH SODA BREAD	16 OZ
MIX YANKEE CORNBREAD	12 OZ
MIX MUFFIN AND SCONE	15 OZ
CHOC CHIP COOKIE MIX	19 OZ

<b>DESCRIPTION</b>	<b>SIZE</b>
SPICE CAKE GINGERBREAD MIX	14 OZ
<b>THINK BAR PRODUCTS</b>	
THINK THIN PEANUT BUTTER BAR	2.1 OZ
THINK THIN CHOCOLATE FUDGE BAR	2.1 OZ
THINK THIN PEANUT BUTTER CHUNK BAR	2.1 OZ
THINK THIN CRANBERRY APPLE BAR	1.76 OZ
THINK THIN CHOCOLATE CHIP BAR	2.1 OZ
THINK THIN BLUEBERRY BAR	1.76 OZ
CHOC COCONUT BAR	1.76 OZ
CHERRY NUT BAR	1.76 OZ
CASHEW PECAN BAR	1.4 OZ
THINKFRUIT NONI APPLE BAR	1.76 OZ
THINKFRUIT PEANUT GOJI BAR	1.76 OZ
<b>NATURES BROWN RICE PIZZA SHELL</b>	2 PC
<b>VERIMINTS CANDY</b>	
WINTERMINT CANDY	1.41 OZ
CINNAMINT CANDY	1.41 OZ
<b>BAKERY ON MAIN PRODUCTS</b>	
APPLE RAISIN GRANOLA	12 OZ
NUTTY CRANBERRY GRANOLA	12 OZ
XTREME NUT GRANOLA	12 OZ
<b>NAMASTE FOOD PRODUCTS</b>	
BLONDIE BROWNIE MIX	30 OZ
VANILLA CAKE MIX	26 OZ
SPICE CAKE MIX	26 OZ
FUDGE BROWNIE MIX	32 OZ
PIZZA CRUST MIX	16 OZ
MUFFIN MIX	16 OZ
WAFFLE & PANCAKE MIX	21 OZ
CHOC CAKE MIX	29 OZ
COOKIE MIX	20 OZ
TACO SHELL PASTA DINNER	8.75 OZ
SAY CHEEZ PASTA DINNER	9 OZ
PISAVERA PASTA DINNER	9 OZ
BREAD MIX	16 OZ
<b>MR. KRISPER'S CRACKERS</b>	
SEA SALT RICE KRISP	4.2 OZ
NACHO RICE KRISP	4.2 OZ
SOUR CREAM RICE KRISP	4.2 OZ
BBQ	4.2 oz
<b>ENJOY LIFE PRODUCTS</b>	
GRANOLA CINN CRUNCH	12.8 OZ
GRANOLE VERY BERRY	12.8 OZ
GRANOLE CRANAPPLE	12.8 OZ
SNICKERDOODLE COOKIES	6 OZ
CHOC CHIP COOKIES	6 OZ
NO OAT OATMEAL COOKIES	6 OZ
CHOC COOKIE	6 OZ
COCO LOCO BARS	6 OZ
CARAMEL APPLE SNACK BAR	5 OZ
VERY BERRY BARS	6 OZ
<b>LARABARS</b>	
APPLE PIE VEGAN BAR	1.6 OZ
BANANA COOKIE VEGAN BAR	1.8 OZ
CASHEW COOKIE VEGAN BAR	1.7 OZ
CHERRY VEGAN BAR	1.7 OZ

<b>DESCRIPTION</b>	<b>SIZE</b>
<b>ALLERGAROO MEALS</b>	
CHILI MACARONI	8 OZ
SPYGLASS NOODLE	8 OZ
SPAGHETTI	8 OZ
<b>YUMMY EARTH CANDY</b>	
LOLLIPOP	3 OZ
ORGANIC LOLLI POP	2.8 OZ
ORGANIC CANDY DROP	3.3 OZ
<b>NANA'S COOKIES</b>	
CHOCOLATE CRUNCH	3.5 OZ
SUNFLOWER	3.5 OZ
CHOCOLATE CHIP	3.5 OZ
DBL CHOCOLATE SUPREME	3.5 OZ
CRANBERRY ORANGE	3.5 OZ
GINGER	3.5 OZ
OATMEAL RAISIN	3.5 OZ
CHOCOLATE	3.5 OZ
PEANUT BUTTER COOKIE	3.5 OZ
COCONUT CHIP	3.5 OZ
LEMON	3.5 OZ
GINGER SPICE BITE	5 OZ
LEMON DREAM	5 OZ
FUDGE BITES	5 OZ
<b>NANA'S BARS</b>	
CHOCOLATE MUNCH	6.17 OZ
BANANA	6.17 OZ
BERRY VANILLA	6.17 OZ
<b>ORGANICVILLE</b>	
KETCHUP	24 OZ
NONDAIRY RANCH	8 OZ
HERBS DE PROVENCE	8 OZ
POMEGRANTE	8 OZ
SUNDRIED TOMATO	8 OZ
ORANGE CRANBERRY	8 OZ
TARRAGON DIJON	8 OZ
<b>123 GLUTEN FREE</b>	
BROWNIES	1.53 LB
SUGAR COOKIES	1.35 LB
PAN BARS	1.28 LB
BISCUITS	1.11 LB
<b>CERRONE ICE CREAM CONE</b>	
	10 CT
<b>LUCY'S GLUTEN FREE COOKIES</b>	
CHOCOLATE CHIP	5.5 oz
SUGAR	5.5 oz
OATMEAL	5.5 oz
<b>FRENCH MEADOW BAKERY BREAD</b>	
CINNAMON RAISIN	15 oz
MULTIGRAIN	15 oz
WHITE	14 oz
<b>IAN'S</b>	
CHICKEN PATTY	7 oz

<b>DESCRIPTION</b>	<b>SIZE</b>
<b>GLENNY'S</b>	
MARSHMELLOW TREATS CHOCOLATE	.85 OZ
MARSHMELLOW TREATS PEANUT CARMEL	.85 OZ
OATMEAL COOKIES	5 OZ
<b>FOOD SHOULD TASTE GOOD CHIPS</b>	
SWEET POTATO	6 OZ
BUFFALO	6 OZ
WORKS	6 OZ
<b>IKE AND SAMS KETTLE CORN</b>	
ORIGINAL	7.5 OZ
CAYENNE	7.5 OZ
CHEDDAR	7.5 OZ
CARAMEL	7.5 OZ
<b>TIPPIN'S SOUP</b>	
VEGETARIAN 3 BEAN CHILI	QRT AND PINT
QUINOA GARDEN VEGETABLE	QRT AND PINT