



**2009
SEASON**
**MAY 16TH
THROUGH
SEPTEMBER 28TH**

**Bringing You
Nature's Best
From Local
Family Farms**



**BUY FRESH, BUY LOCAL
BENEFIT YOUR LOCAL ECONOMY
AND PROTECT YOUR LOCAL ENVIRONMENT**

Do It All And Save Money, Too! Join The CSA Today!

Your \$25 Annual Membership fee entitles you to membership in the **2009 Hen House Markets' Growers' Alliance Community Supported Agriculture Program**. At sign up new members receive:

- A CSA T-Shirt or Apron
- Two Reusable CSA Tote Bags
- A Cookbook

Every week a special collection of farm fresh items including **Good Natured Family Farms** products will be selected and waiting for you at your favorite Hen House Market. You will pay only \$25 each week for approximately 20 weeks. The \$25 will be due at the time of each pick-up. Each week CSA Members will get:

- A **LARGE** Variety Of Local, Farm Fresh Products Including Fruits, Vegetables, Eggs, Meat, Cheese, And Many Other Items

In consideration of the environment we have decided this year to have the following available only at **www.henhouse.com**:

- Farm Newsletters
- What's in the Bag
- Crop Updates
- Special Event & Promotional Pricing For CSA Member **ONLY**
- Information on Preparing & Storing Local Foods
- Recipes

Show your support for local family farms by joining the **Hen House Markets Growers' Alliance CSA**. It is your opportunity to benefit the local environment, the local economy and local family farms. Best of all you can do all of this and eat the best of locally grown foods. From beef and chicken to eggs and milk to mouth-watering fruits and vegetables, treat your family to the best nature has to offer and **SAVE!**

